



# Times-News

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## DARTS & LAURELS

# Screenings help fill a critical void

**L**aurel — To Blue Ridge Community Health Services for holding free health screenings in Henderson County this week for National Health Center Week. “Our mission focuses on the under-insured or uninsured,” said Kenett Melgar, community outreach coordinator. “We try to reach out in the community as best we can.” Tuesday, it was Health Care in Public Housing Day and screenings for blood pressure, glucose, HIV and dental problems were offered. Wednesday, Healthcare for the Homeless was offered at the Rescue Mission. This is probably one of the most important populations to help, as the homeless and uninsured are usually less aware of their health problems. The earlier a problem is detected the better, saving people pain and money in the long run. At the Tuesday screening, three people learned they had very high blood pressure, Melgar said. Thanks to BRCHS, our neighbors and our community are on the way to better health and a better quality of life.